



YPS Times

NEWSLETTER OF YADAVINDRA PUBLIC SCHOOL, PATIALA (November-March, 2022)

NEWS IN BRIEF

- Semester I, Board Results declared.
- Two vaccination camps for students were organised on campus.
- 74th Foundation Day was celebrated virtually on 2nd February.

Point to Ponder

“Be an Encourager. The World Has Plenty of Critics Already.”

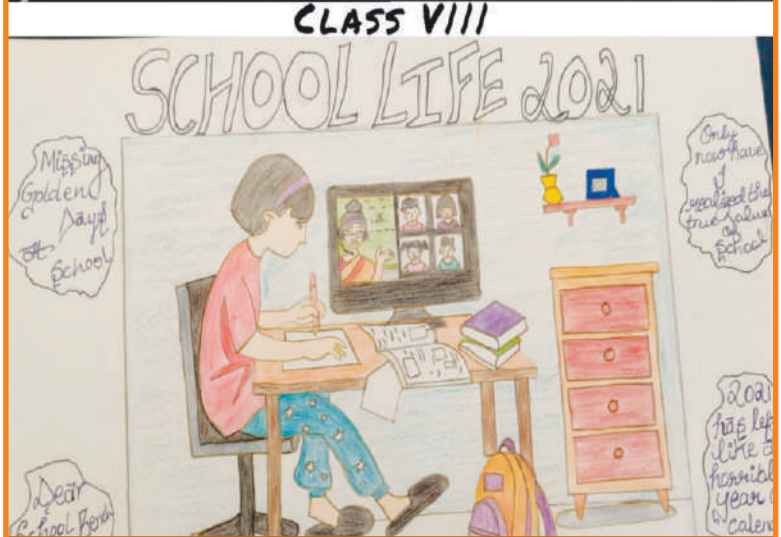
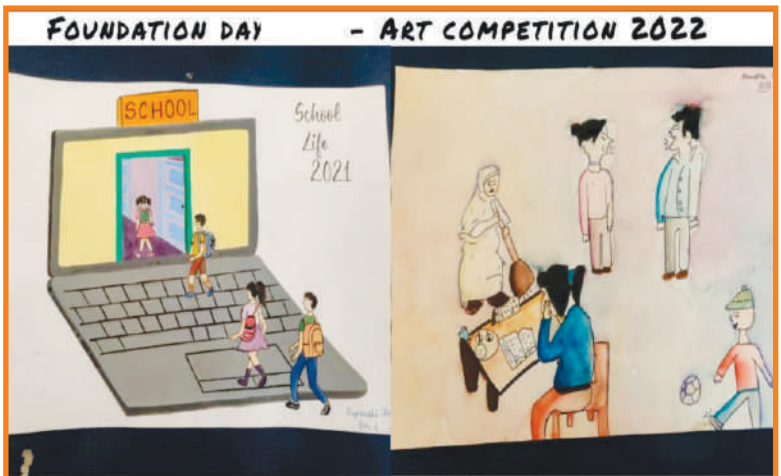
YPS CELEBRATES 74th FOUNDATION DAY

February 2nd is one of the most anticipated days for Yadavindrians. The significance of this day extends beyond the inkblots marking this day on our calendars. Seventy-four years ago, on this very day, YPS Patiala came into existence and began writing history.

The Founder, His Highness Maharaja Yadavindra Singh, envisioned an institution that was an embodiment of the ideals of secularism and intellectual freedom, and through some wondrous design, YPS was established. Staying true to its tenets of Vidya, Vinay, Veerta (Wisdom, Humility, Valour), the school has earned a reputation for being one of the best schools in the nation for academics, sports, and everything in between.

This year, the Foundation Day had to be celebrated virtually over the Zoom platform due to the raging Covid-19 pandemic. To commemorate the day, the Junior School students were shown a video centred on the story behind the inception of the school. The Middle and Senior Wing students delivered heartfelt speeches about their appreciation for the school. An Art Competition on the theme of “School Life 2021” and a Photography Competition on the theme of “Winter Charm” for Classes V-VIII and Classes IX-XII were engineered respectively.

The Foundation Day of 2022 was an exquisite affair and shall remain etched in the memories of everyone associated with this grand and historic institution.



Foundation Day 2022



Theme "Winter Charm"



CLASS IX

Photography Competition

FOUNDATION DAY - ART COMPETITION 2022



class VII

ICSE AND ISC RESULTS (SEMESTER-I)



Jasnaaz Sidhu



Gunmay Garg

The students of YPS Patiala have excellently demonstrated their academic capabilities in the first semester of the ICSE and ISC Board Examinations.

Besides having a scintillating 100%

pass result, in ISC, 70% of the students have secured over 80% marks, with Jasnaaz Sidhu (Commerce) scoring 99.25%, and Yuvnoor Dhillon (Humanities) and Chaitanya (Science)

following closely with scores of 99.03% and 98% respectively. To add to the embellishments decking our shoulders, 11% of the students scored above 95%.

In ICSE, Gunmay Garg scored 98.8%, followed by Kiratnoor Kaur Bajwa with 97.05% and Uday Singh Batra with 96.85%.

YPS is incredibly proud of its students and wishes them all the best for the future.



INTER-SCHOOL EVENTS

- Host School:** Rajkumar College Raipur, Chattisgarh
Event: IPSC Music Competition, 'Swaranjali'

Participants:

XII Jiya [Indian Classical Vocal And Indian Classical Vocal Solo]

IX Thea Aggarwal [Western Music Solo Vocal]

VII Rehaan Gupta [Western Instrumental Solo- Piano]

Prizes: Jiya-Excellence in Light Semi-Classical Vocal

Rehaan Gupta – Special Mention in Western Instrumental Solo

- Host School:** Punjab Public School, Nabha

Event: IPSC students' Conclave

Theme: The Cradles of i-Generation Leaders

Participants:

XII Gurtej Singh, Divnoor Kaur, Kanwar Sidhu

XI Sarvagya Dev Thapliyal, Hinam Walia

160 students from 30 schools attended the conference. The students were divided into ten groups: Integrity, Delegation, Resilience, Gratitude, Empathy, Respect, Innovation, Humility, Courage and Communication where they discussed about the role of leaders in different fields.

- Host School:** Sarla Birla Public School, Ranchi

Event: Public Speaking Conclave

Participants:

XI Amrita Guram Creative Writing (poetry)

Nimar Sidhu Extempore (debate)

X Keeratnoor K Bajwa General Quiz

IX Suhani Singla Turncoat Debate

Divyam Bansal General Quiz

Nimar Kaur Creative Writing (prose)

Amrita Guram won 3rd prize in Creative Writing (poetry)

- Host:** Kasauli Club, Kasauli, Himachal Pradesh

Theme: Dicennial Edition of Khushwant Singh Literature Festival

Participants:

XI Hinam Walia Spell Bee

Amrita Guram Story telling

X Punya Arora Book Review

Punya Arora bagged the 2nd position In Book Review event

Hinam Walia won the 2nd position in Spell Bee event

- Host School:** Maa Anandmayee Memorial School, Raiwala, Uttarakhand

Theme: AFS Quiz Competition

Participants:

VIII Renee Dhadli, Avraj Singh

VII Harshvardhan R. Kakkar

VI Vir Sandhu

- Host School:** Emerald Heights School, Indore

Theme: Knowledge Convergence Arc.

Events:

XI Hinam Walia, Amrita Guram

X Uday Singh Batra

IX Vardhan Bansal, Divroop Kaur Sandhu

VI Aisha Gupta, Vir Sandhu

V Anahad Kaur

Anahad Kaur won 'Best Object Coordination' Prize for story telling

MODEL UNITED NATIONS CONFERENCE

Host School: SelaQui International School, Dehradun

Theme: 'Dare to Know'

Participants:

1. X Sukhnaaz K. Sidhu, Tejasvi Dhillon
- IX Harsh Thapar, Abhaylaksh Gupta, Manan Bansal, Samarveer S. Sicand, Nimar K. Punia, Parwaaz Singh
- VIII Vanshika Bali, Hargun Gill

Agendas Taken up:

- IPC (Times Now)
- Lok Sabha (NEP)
- DISEC (TAIWAN)
- ECOSOC (Impact of Pandemic)
- UNSC (Taliban)

Sukhnaaz K. Gill got the Outstanding Delegate award.

Manan Bansal bagged the Verbal Mention in his Committee

ROUND SQUARE CONFERENCES

International Conferences

1. **Host School:** Providence Day School, North Carolina, USA
Theme: Gender Equality
Participants:
XII Jai Partap & Harjap Singh
The session was centred around the theme of Gender Equality. The students talked about the issues faced by different genders in their respective countries.
2. **Host School:** St. Cyprian School, South Africa
Theme: Understanding Unconscious Bias
Participants:
XII Khushi Mehta
XI Anmol Rattan Singh
X Tejas, Rabbani Kaur, Sabir Ahluwalia, Tejasvi Dhillon
The session explored and unearthed certain aspects of our subconscious thinking which are so subtle that we generally remain unaware of them.
3. **Host School:** Holy Innocents Episcopal School, Atlanta, USA
Theme: Holiday Traditions
Participants:
XI Suveer Kaur, Shana Mukherjee, Raghav Bhardwaj, Simranjeet
IX Dhriti Jain, Gunraj Kaur
The students shared with each other the traditions of their region, observed during festivals and vacations and the importance and relevance that these traditions held for them.
4. **Host School:** Aubrick Multinational Bilingual School, Brazil
Theme: Self Care- How do we cope if we don't love ourselves?
Participants:
VII Anahat Sohi, Afina Kang, Ekamraj Singh, Parinaina, Ishmanpreet
The students discussed various coping mechanisms and the need to love oneself in order to nurture our spirit to face difficulties
5. **Host School:** St. Stithian Boys College & Prep School, South Africa
Theme: Conquering Great Heights (adventure)
Participants:
VII Krishiv, Vansh Singla, Aarav Bansal, Guntas Pabla, Gurhunar, Sreevardhan Dev Thapliyal

Louis Cartsens, the famous mountaineer who has scaled the highest mountains in all the continents shared his inputs with the budding adventurers and taught them to set goals and relentlessly pursue them. Leadership qualities, aim, focus were some of the other aspects discussed.

6. **Host School:** Transylvania College, Romania
Theme: Can you make an impact even if you are young?

Participants:

- IX Gunraj Kaur
- VIII Anusha Gupta, Rasha Dhaliwal, Bhomik Goyal, Sifet Ahluwalia, Vanshika

Students exchanged ideas about making the world a better place and bringing about a change in the world, whether big or small. The children felt that goals were achievable and at the same time, also realised that nothing was possible in isolation. Support and cooperation were required to change the world for the better.

National Conferences

1. **Host School:** Yadavindra Public School
Theme: Citius Altius Fortius: The Importance of Physical Fitness
Participants:
XII Reyaan Atwal, Garima Grover, Anirudh Gupta, Ashmeet Kaler, Harkomal Chadha, Kanwar Sidhu, Erica Singh, Pareesa Sarao, Manreet Kaur Dhaliwal, Rhythm Gogia, Anureet Brar, Yuvnoor Dhillon, Shrishti Mittal
The Postcard Event brought together 75 students from nine schools of four different countries. In the first segment, the meeting focussed on the importance of physical activity in maintaining mental wellbeing. In the second segment, the Yadavindrians had put together a presentation on the unique sporting events in different regions of the world.
2. **Host School:** Assam Valley School
Theme: Nirgun- Music and Poetry for Soul
Participants:
XII Khushi Mehta
X Tejas, Rabbani, Keeratnoor Kaur, Yuvika Jindal, Keerat Singh Brar
Students were taught about the importance of poetry and the power of music to calm the soul and nurture the spirit.

INTER HOUSE COMPETITION

MIDDLE SCHOOL

1. English Debate

Individual Positions:

- | | |
|-----------------------------------|------|
| I Gursifat Kaur | VI |
| II Vanshika Bali | VIII |
| III Shreevardhan Dev
Thapliyal | VII |

Consolation Prize:

- | | |
|-------------|------|
| Suhab Kaur | VI |
| Avraj Singh | VIII |

House Positions:

- | |
|--------|
| I DRH |
| II PH |
| III MH |

ECA-Update

Extra-Curricular activities are always a big hit with the students. Not only are they enjoyable for them but serve a larger purpose for the teachers too. There are skills where a hands-on experience is a must and then there are lessons which one needs to teach in an interesting manner. The students learn important life lessons in such classes yet they do not even realize that they are doing school-related work. We can confidently say this about the recently concluded ECA module for classes VI – VIII.

A very engrossing set of comprehensive and well-planned activities were concluded this week. For class VI, the focus was on self-help and culinary skills. Seemingly simple chores like cleaning the room, organizing the cupboards and making a 'To Do List' by prioritizing what is more important than the others is a skill to be imbibed at a young age. Otherwise, we can easily slip into the habit of procrastination and the almost fatal cocoon of idleness. The students were guided to take a peek into their kitchens and encouraged to adopt better eating habits and were made to understand the nutritive value of the Indian herbs and spices.

For classes VII and VIII, the agenda was to improve their communication skills and train them to adopt more genteel mannerisms. The five-week long program touched upon Greetings, Phone Etiquette, Table Manners and Social Media Etiquette. Sensitivity to the other gender and Resolving of Conflicts with peers and siblings were also taken up. There was a lot of healthy discussion on these topics. The students came up with their varied perspectives and later tried to resolve the issues too. It was a delight to see them tabling their opinions and defending what they felt was right.

Looking at the excellent response, we are going to continue with such activities in the forthcoming session too.

ROUND GLASS WELL BEING SESSION

An interactive session was held by the team from Round Glass for students and teachers on 25th February to get a feedback on the Well Being sessions being held in the school. The impact of various activities based on topics like – Resilience, Consciousness, Hygiene, Digital Detox, Physical Fitness, Managing Examination Stress and

many more, which were covered during the past one year, were discussed. The students and teachers shared their views and experiences on the topics. Both the sessions were interesting and engaging. The Round Glass team got an overview of the positive impact this program was leaving on the young minds.



A FEATHER IN THE CAP Mathematics Contest



On 29th January, 2022, Brainobrain (in Dubai) conducted the most renowned global event of the year based on skills and mathematical ability. In this event, 23,537 students from 72 countries participated to win. This competition is designed for the students of Brainobrain, who have taken up Brainobrain's abacus course. Students participating in the Brainobrain International Competition solve sixty complex sums within four minutes. Junior kids derive the answers using the abacus tool, while elder children solve the sums using their mental arithmetic skills. Children who present the answers with

maximum speed and accuracy are declared as winners in this international competition. Trishleen Kaur of class XI won a gold medal in this competition.



Trishleen Kaur

A FEATHER IN THE CAP

1. Vidyarthi Vigyan Manthan (VVM):

VVM is a national program for popularizing science among school students. It is supported by VIBHA, Vigyan Prasar and NCERT.

15 students appeared.

District Rank Holders:

Hetal	VIII O	2nd
Jasnoor Kaur Sarin	VIII O	3rd
Tanvi Garg	XN	3rd

Tanvi Garg has also been selected for State Level Camp Examination

2. Science Olympiad Foundation (SOF)

International G.K. Olympiad

10 students appeared.

Divagam Singh of class V E and Vivaan Garg of V P secured International rank 48th and 88th respectively.

3. Dr. Kalam's Mighty Minds Scholarship Program, supported by Ministry of Skill Development & Entrepreneurship (MSDE)

About 150 students appeared for the test.

4. Unified Cyber Olympiad (UCO) – 2021

48 students appeared.

Following students secured International Achiever Rank (Top 100)

Name	Class	International Rank
Devina Bansal	IX E	3rd
Divyam Bansal	IX N	9th
Gunmay Garg	X O	14th

Vaani Goyal	IX E	21st
Divagam Singh	V E	30th
Aisha Gupta	VIP	42nd
Divroop Kaur Sandhu	IX O	64th
Dakshita Bhalla	XP	70th
Fatehsher S. Virk	III O	88th
Vivan Garg	V P	95th

5. Unified International English Olympiad:

70 students appeared.

Following students secured International Achiever Rank (Top 100)

Name	Class	International Rank
Divyam Bansal	IX N	9th
Mallik Arjun Ahluwalia	IX E	16th
Devina Bansal	IX E	28th
Fatehsher S. Virk	III O	28th
Divroop Kaur Sandhu	IX O	31st
Aashna Sharma	VE	60th
Gunmay Garg	X O	62nd
Vivan Garg	VP	95th
Divagam Singh	VE	95th
Aisha Gupta	VIP	100th
Sanshray Singla	IIN	100th

6. Unified International Mathematics Olympiad:

87 students appeared.

Following students secured International Achiever Rank (Top 100)

Name	Class	International Rank
Fatehsher S. Virk	III O	7th
Divleen Kaur	VIO	50th
Ayaan Goyal	II E	86th

Incredible Achievements in the first fifty days of 2022

- We're just 50 days into 2022, and already...
- Nuclear fusion saw another major breakthrough... a 'huge step' in the quest for clean energy.
- A woman was cured of HIV through a breakthrough stem cell treatment.
- MIT engineers created an 'impossible' new material... stronger than steel but as light as plastic.
- An international team of scientists used supercomputers to unlock a 'giant leap' in the fight against antibiotic resistance.
- A new 'game-changing' carbon capture technology could deliver a step change in our ability to remove carbon dioxide from the air.
- Researchers set a new Guinness World Record for fastest-ever DNA sequencing technique... using it to sequence a human genome in just 5 hours and 2 minutes.
- A new breakthrough in spinal cord implant 'could potentially allow paralysed people to walk again'.
- A ground-breaking new technology regrew a frog's lost leg... and it might work on humans too.
- Surgeons completed the first-ever heart transplant with a genetically-modified animal heart... saving the life of a 57-year-old and taking a big step towards helping solve the global donor organ shortage.
- Biodegradable surgical tape has been invented... making some intestinal fixes as easy as 'duct tape around leaky pipes'.
- James Webb, the awe-inspiring \$10 billion space telescope 25 years in the making, took its first images... a huge scientific milestone.
- An autonomous drone carrying a defibrillator saved the life of a 71-year-old having a heart attack... a first in medical history.
- Researchers in Sweden found a promising way to use solar power to convert carbon dioxide into fuel... using ultra-fast laser spectroscopy.
- Just a few of many incredible achievements in the first 50 days of the year. The world is far from perfect, but we shouldn't forget that about 90% of all scientists that ever lived are alive today. Never before have we had so many people whose sole purpose of work is to better understand how the world works. 2022 is shaping up to be a remarkable year in science and technology.

IAYP RESIDENTIAL PROJECT

30 volunteers of IAYP at YPS undertook a residential project spanning over 17 days from 5th December to 22nd December, 2021.

The young minds nurtured a common desire to serve the community and came upon the idea to transform the dumping yard of the school into a recreational park.

(a) Cleaning of area

On 7th December, the Gold Award participants, with the help of Bronze and Silver level participants, commenced cleaning the dumping ground by segregating biodegradable, non-biodegradable and recyclable wastes. The plan at hand was not easy to bring into fruition as efforts involved digging out the ground to uncover buried wastes, plucking wild weeds and sorting out plastic, glass and metallic wastes.

(b) Educating the under privileged

The consequent challenge was to sensitize the residents of the area [4th class employees and their families] to cleanliness and hygiene of the surroundings. On 12th December, the volunteers communicated the ill-effects of the accumulated wastes to these residents and educated them about-(a) methods of proper disposal of household wastes, (b) segregating waste, (c) importance of recycling, (d) de-cluttering and its benefits and (e) creating a compost pit.

(c) Creating a beautiful park at the dumpsite

With the goal of the creation of a park in sight, these young volunteers set out to beautify the cleaned dumping ground. As part of prepping, the walls were scrubbed and white washed before decorating them with paintings and beautiful murals. However, along with improving the aesthetics of the yard, there was also a moral responsibility to inculcate cleanliness cues. These murals included a pristine landscape, a tree with the slogan 'Swachh Bharat', a Buddha portrait and an alien rendering the advice, 'USE THE BIN'. After watering the area, the volunteers planted saplings in the newly transformed ground and also built brick enclosures around the foot of the trees. By 17th December, what had formerly been a dumpsite had completely been transformed into a pristine and serene park!

(d) Donation Drive

In a bid to make the lives of the residents better, the volunteers organized a donation drive on 18th and 19th December. This included distribution of stationery items and clothes among the underprivileged children. The clothes as well as the stationery were collected, segregated and placed categorically in cardboard boxes-ready for a systematic distribution among the needy.

(e) Organising a fun day for the under-privileged children

To boost the morale of the little children of the area, the volunteers took the initiative to organize lesson plans in English, Art and Science for these children on 20th and 21st December. Along with this, there were games such as

'Just a Minute' that included prizes like stationery kits and books among others. The children were overjoyed to participate in such curated contests and win exciting prizes on the basis of their merit. The Residential Project had a lasting impact on the psyche of all the IAYP volunteers. Their dedication for service reached its zenith as they embarked to clean up the environment of the underprivileged stratum of the society. Being a firsthand witness to the tribulations faced by these residents, the volunteers endeavoured to make the lives of these people wholesome by beautifying their residential area. It was also a beautiful way to thank the employees for their tireless service to the School.



BUZZ AROUND THE CAMPUS

COVID VACCINATION DRIVE AT YPS

In an attempt to prevent the spread of the fatal virus, COVID-19, Yadavindra Public School, Patiala has been conducting vaccination camps regularly. Two vaccination camps were organised last year for the staff members. Yet again, two other vaccination camps were organised in the campus for the children aged between 15-18 Years. A team from Community Health Center, Model Town under the guidance of Dr. Praneet kaur, Nodal officer Covid Vaccination along with Dr. Ranjana, Dr. Harpreet Singh and Dr. Priyanka had visited YPS for the vaccination drive. Around 70 students were vaccinated during the camps.



OFFLINE CLASSES AND EVENING GAMES BRING BACK THE SMILE ON STUDENTS' FACES



Offline teaching started from 8th February for students of classes VI to XII. Evening games like Tennis, Badminton, Squash, Horse Riding, Athletics, Cricket and Gymnastic were also resumed in February.

SCHOOL STADIUM TRACK



In December, the School Stadium track was re-carpeted and dedicated to the memory of Padma Shri Milkha Singh who trained for three years in the YPS Sports Stadium, early in his career, in the 1950s.

BUZZ AROUND THE CAMPUS

SWEET GESTURE BY THE GOLDEN JUBILEE BATCHES

On 4th March, the OYs of the Golden Jubilee batches, 1970 and 1971, visited the School and presented two trophies to the School. 1970 batch presented the trophy for Robotics and 1971 batch presented the trophy for Information Technology. The trophies were received by our Head Boy, Head Girl, Deputy Head Boy and Gunmay Garg of class X.



S. Harmeet Singh Batra (OY, 1971) has deposited a sum of Rs. One lakh in the school account and has requested to institute a prize in his name. The school has decided that a new prize for the Commerce stream shall be instituted as under:

S. Harmeet Singh Batra Medal for standing First in Commerce (ISC)

NCC UPDATE

14 students of class IX (in 2nd year of Air wing) along with their teacher in-charge went to Patiala Aviation Club for flying activity. Students were given a detailed orientation about types of aircrafts and their main parts, the different movements of the aircraft and hangar. The Commanding Officer, Group Captain Rajesh Sharma took the students for flying in Virus SW 80 Microlite Garuda aircraft which is used to train NCC cadets. It was an extraordinary learning and training experience for the students.



BUZZ AROUND THE CAMPUS

Nalagarh Gate

In the beginning of 2022 the Nalagarh gate was renovated. A new covid checkup booth was also installed at the entrance and it has been given a new look.



Science Facts

1. A flea can accelerate faster than the Space Shuttle.
2. The human stomach is capable of dissolving razor blades.
3. Earth's oxygen is produced by the ocean. Plankton, seaweed, and other photosynthesizers produce more than half of the world's oxygen!
- 4) Rats laugh when they're tickled.
- 5) Grasshoppers have ears in their bellies.
- 6) About 1% of our genes come from plants, fungi, and other germs.
- 7) A human organ that no-one knew about has been hiding in plain sight all this time. Called mesentery
connects the intestine to the abdomen and is believed to perform important functions for the body ranging from helping the heart to aiding the immune system.
- 8) Humans accidentally created a protective bubble around Earth. Decades of use very low frequency (VLF) radio communications have resulted in an artificial cocoon that could help protect the planet from solar flares.
- 9) Bees have been shown to understand the concept of zero. Scientists discovered this after training the insects to count shapes, following previous research that revealed they can count to four.



DO YOU KNOW THESE WORDS?

- 1) **Somnambulist:** A person who sleepwalks.
- 2) **Epoch:** A particular period of time in history or a person's life.
- 3) **Serendipity:** The chance occurrence of events in a beneficial way.
- 4) **Iridescent:** Producing a display of rainbowlike colours.
- 5) **Epiphany:** A moment of sudden revelation.
- 6) **Syzygy:** An alignment of celestial bodies.
- 7) **Phosphenes:** The light and colours produced by rubbing your eyes.
- 8) **Vellichor:** The strange wistfulness of used bookshops

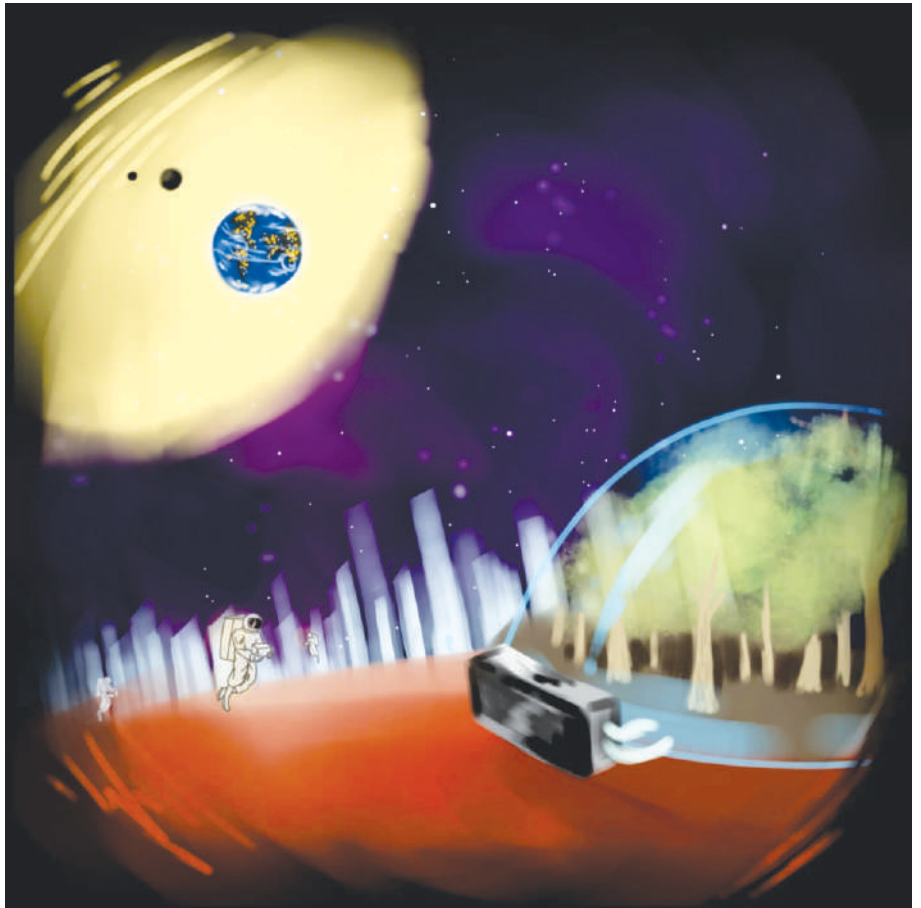
FROM A YADAVINDRIAN'S PEN...

WHY SPACE TRAVEL IS IMPORTANT

Humans, specifically homo sapiens are an interesting species., Out of all the human like species we were the ones that evolved the farthest, homo neanderthals being another species of human that were just as brainy as us, but in the end we are the only humans left. Ever since we have existed on this planet, our curious little brains have led us to explore beyond our physical capabilities, helping us expand and discover lands once thought unreachable and breach the limits of the world once unthinkable.

As our race expands we need to realize a few dangers that we create for ourselves which would make the planet inhabitable for all thus the need for space travel and colonization of other planets and heavenly bodies is extremely necessary for our further growth as a species. I've often seen people go against the statement and talk about how we should first fix problems on our own planet and then think about initiating intergalactic travel and colonization. This is a valid concern for one to have, seeing that we've enough problems to deal with as a species but at the rate at which we are expanding our industries and our population, this planet will soon become inadequate in its space to accommodate us and in the resources that we can extrapolate from it.

It has already been observed that humans can survive prolonged periods of time in space with Valeri



Vladimirovich Polyakov holding the current record of 437 days. With missions lasting from a week to an year, a crew of 7 periodically inhabits the International Space Station. It is possible for us to create colonies in space even if they do not necessarily exist on any sort of heavenly body. This idea has been explored very well in science fiction and literature with the book "All Tomorrows" by C.M. Kösemen exploring this concept in depth. Popular franchises like Star Wars and Dune explore a more dramatized

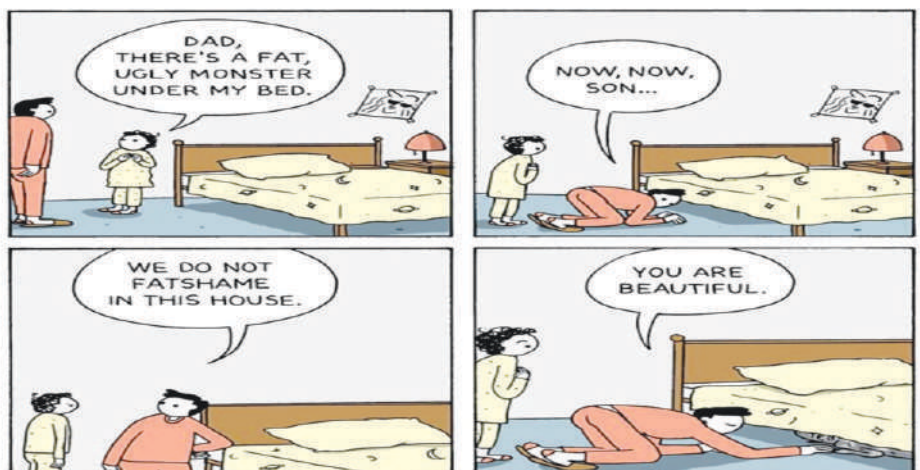
version of this concept.

With companies like Space X and Amazon working to commercialize space travel, it isn't an impossibility that our race could expand to space and to the stars, that one day earth would be one of the many planets that we inhabit, and that the petty conflicts of our present are seen as only small errors of the past.

Udayveer Singh Shergill
XI Sci



Laugh
Out Loud



War and Peace

School Life in the past two years

I still clearly remember the day when we were all preparing for our upcoming finals and a little notification ring changed everything. Our finals had been cancelled due to the Corona virus. I remember that each one of us felt so happy at time because nobody wanted to take the exams, but little did we know that this little break would last for almost two years. We were all suddenly forced to sit in our homes. At first it was a bit difficult for both the teachers and the students to adjust to online school. It took us a while to figure out online learning, using zoom, submitting our work online and the for the teachers to check them. Our lives underwent some major changes. It was our new normal We went from waking up at six in the morning to barely waking up in time for our classes. at first this online school seemed like all sunshine and rainbows as we got to wake up a little bit late than usual, experienced some weird online accounts where some interesting songs were played. I think all of us liked a little break from the traditional methods of studying as online learning does have its own little perks. None of us should deny the fact that we all attend classes with our uniforms on top of our pajamas. These perks weren't only for the children, the teachers got to experience the

mute button they always wished they had. But after a while the cons started showing up. All of us soon realised that we didn't have that sense of connection that we had when we actually went to school. The lectures seemed boring, our eyes started getting strained due to too much screen time and most of all, we all missed each other really badly. More than a year went by like this and our school finally opened as the situation got a little better. All of us were so eager to come to school that we were even ready to take our exams offline. But I think this period of online learning was important for us because we got to experience what's it like to not go to school. We got to experience what's it like to lose those little things that we take for granted. It was because of our school and the online medium that we were still able to keep in contact with each other and I am so thankful for that. We did have a little fun during online school but it is nothing compared to the joy of actually going to school and do that normal school stuff that we take for granted. Although we are back to online medium but I am certain that we will be back to school in no time. Today is the best day to be grateful for the amazing institution that we study in.

Kick your Bad Habits

Everyone has some bad habits and, that is normal. If you want to kick the bad habits out of your life, then you'll have to follow some activities which are not at all tedious.

If you have a habit of forgetting tasks, then here's the solution:

- Use sticky notes
- Make a separate diary where you can write all your tasks and tick mark the ones which you finish.

If you are not punctual, then you should follow these steps to make you reach your destination on the dot:

- Set alarms and reminders for yourself on a mobile.
- Make a precise schedule for your day.

- Aisha Gupta

VIP

Think it Over...

It is how we embrace the uncertainty in our lives that leads to the great transformation of our souls.



SPORTS SECTION

ARCHERY

- **Host:** FAAI (Field Indoor Archery Nationals)
- **Date:** 11 November 2021 to 15 November 2021
- **Venue:** Haidergarh, Uttar Pradesh.

Simranjeet Kaur (XI A) won Gold Medal in individual event in U-17 age group. **Karan Bishnoi** (XI A) participated in Senior group team match and came in 4th position with the Punjab team.

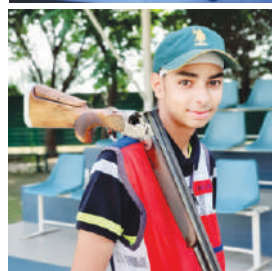


SHOOTING

Mridvika Bhardwaj (IX O) participated in the 64th National Shooting Championship, Bhopal from 25th November, 2021 to 10th December, 2021. She won a Silver medal 10 m Air Rifle in Sub Youth Category.

Gurtaj Singh Harika, (IX N) participated in Skeet Shooting (Junior men) and won a Gold medal in Punjab State Shotgun Championship from 30th September - 1st October, 2021 held at Patiala

- He also participated in XXX All India G.V. Mavalankar Shooting Championship from 19th October-26th October, 2021 and in 64th National Shooting Championship Competitions in Shotgun Events from 22nd November- 14th December, 2021 held at Patiala.



TENNIS

Uday Singh Batra participated in AITA (All India Tennis Association) National Ranking CS(7) Championship Series on 27th December 2021 and won a trophy in U-16 (boys) category.

Also won U-18 AITA National Ranking tournament in Sonipat during the week of 28th Feb and was the runners up in boys U-18 Doubles AITA National Ranking Championship during the week of 21st Feb held in Chandigarh.



CRICKET

Seerat Sidhu, (IX P) a Member of Patiala Team which was declared 1st Runners Up in the Punjab Inter District U-19 Womens' Cricket Tournament held at Patiala from 26th August - 2nd September, 2021



FENCING

Avreen Kaur Bains (VII N) participated in Punjab State Fencing Championship held at Jalandhar on 26th February 2022 in the Sabre event and won the following medals :U-17 Team - Gold medal, U14 Team -Gold Medal, U14 Individual- Silver Medal

Dev Malhotra (IX O) participated in Punjab State Fencing Championship held at Jalandhar on 26th February, 2022 in the Foil event and won a Gold medal in U 17 category and an individual gold medal.



FIT INDIA SCHOOL WEEK

School had celebrated 'Azadi Ka Amrit Mahotsav' under its Fit India School week from 14th November to 12th December, 2021.

Following activities were conducted during the week:

- Quiz on fitness and sports highlighting Freedom, AKAM, Nutrition.
- Awareness Session was conducted on the importance of "Eat Right/ Santulit Aahar"
- Graffiti events on topics like 'What is Azadi for you? How Important is fitness?'
- Pledge of fitness on the occasion of AKAM to culminate School Week with self-assertion for leading a new fit and healthy life ahead.



Junior Wing

Extra-curricular activities provide opportunities to students to express and explore themselves in areas depending upon their interests, skills and talents. These activities are a kind of learning method that includes observation, practise and experience. Extracurricular activities help students gain experience in a variety of areas that will enhance their future. By participating in these activities, students learn cooperation, teamwork and time management.

Various activities were planned for all classes during the term keeping all round development of children in mind.

Creative Activities

- Paper Cup Castle Class I
- Fun with Origami Class II
- Chinese Calligraphy Class V
- Dining Etiquette Class V

Academic Activities

- Fun with English
- Maths Without Pencil & Paper
- Kitchen Utensils- Names in English
- Information Quotient- Winter Flowers, Birdopedia
- Its Election Time

Story Week

- Thumbelina Class I
- Skipping Shoes Class II
- Galti Da Ehsaas Class III
- Chaar Murkh Class IV

Literary Week

- Let's Play with V nqr Class I
- Shabd Kyari Class II
- Aao Vartalap Class III
- Kariye Class IV
- Shabdon Ki Ot rgo`u`kh Class IV
- Word Chain Class IV
- My Thoughts in 60 Seconds Class V

Pagal Gymkhana Week

- Crispy Treat Class I
- Walk and burst Class II
- S Cube Class III
- B & B Class IV
- Balloons and Threads Class V

Creative Activities

Creative activities provide opportunities to develop personal strengths, sense of control and purpose to connect to others in a meaningful way. Creativity is the form of self-expression without any hesitation and fear of being judged. There is nothing more satisfying and fulfilling for children. The ability to be creative, to create something from personal feelings and experiences, can reflect and nurture children's emotional health.

Being creative is a lot more than just to draw or to paint. There's also photography, music, field trips, working with wire, clay, paper, wood, water or shadows. The possibilities are endless. It's important to provide children lots of time to explore materials and pursue their ideas. This includes time to think about how to plan, design, construct, experiment and revise project ideas.

Children of our Junior Classes participated in many such activities, giving them an opportunity to explore and to learn the fun way.

Chinese Calligraphy

Chinese Calligraphy Competition was conducted for class V children of the Junior School. Children were to write the characters directly by the brush or calligraphy pen. Children were not only to write the characters neatly but the characters were also supposed to be aesthetically pleasing. Children participated in the competition with great interest.

Outstanding Performance

Aanya Jwanda
Akansha Singh
Dhiren Verma
Kyna Gupta
Manandeep Singh
Ojaswi Jain
Romil Garg
Shamsheer Randhawa
Yessica Garg

Commendable Effort

Aashna Garg
Divagam Singh
Guntas Kaur
Gursifat Singh
Harmehreen Kaur
Hartejbir S Buttar
Ibaadat Manchanda
Ibadat Kaur
Ishrat Bains
Kushal Jain
Zorawar S Kohli

Paper Cup Castle

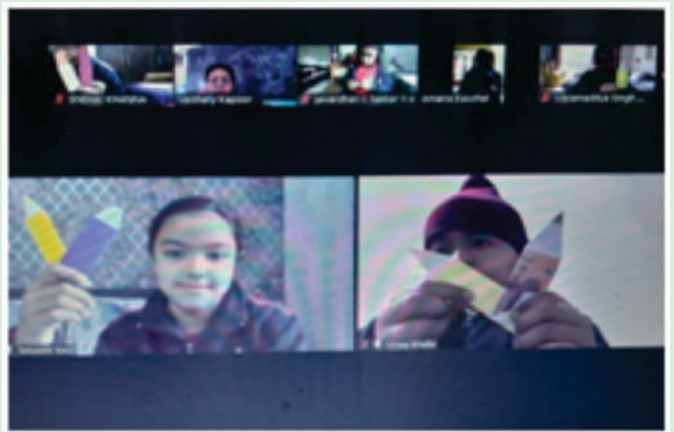
Class I children participated in the activity with great joy. This activity was planned in order to develop the fine motor skills in the children and also to inculcate out of the box thinking as to in how many ways they can make a castle with the given cups. The excitement in the kids was unmatched as learning the fun way is always a great way to know more.



Fun With Origami

We always try to integrate activities that stimulate holistic learning. Origami is one art form which helps to achieve the objective.

The skill of origami not only helps develop listening skills i.e. following instructions carefully, it greatly strengthens the fine motor skills, eye- hand coordination etc. Transforming a piece of paper into an object is a unique exercise. It sharpens the attention and concentration.



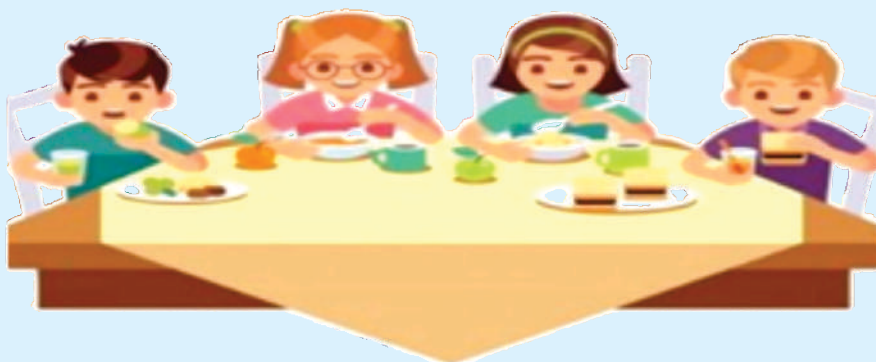
Life Skill Sessions

The children were given a demonstration to explain the dining etiquettes and the public speaking skills in order to enhance their interpersonal skills and to groom them in a way that they can present themselves in an impressive manner.

Dining Etiquette

Whether you're eating at home, dining out, or having dinner with friends, good table manners in children are important. By teaching our kids good table manners, we are essentially equipping them with tools that will instil social confidence in them. Also, children with good manners grow into polite and respectful adults.

Class V students were a part of the session where they were explained the importance and the manner in which they can present themselves with dignity at the table with their family, friends and when dining out.

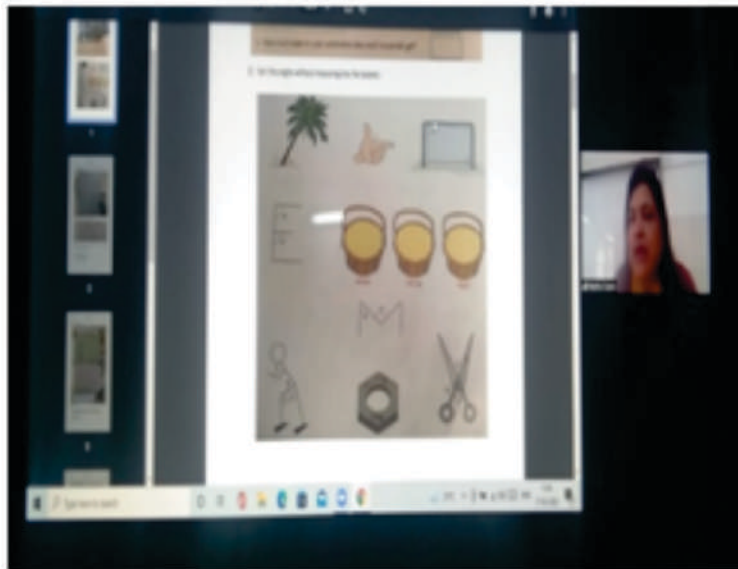


Academic Activities

Maths in Everyday Life

Activities are a brief assessment used in education to measure growth in knowledge, abilities and skills. These sessions help in enhancing the interest of the students for the subject. They provide a challenging and an engaging mathematical experience, both competitive and educational.

Children of classes II and V were involved in mental maths activities where they were asked to answer the questions in a given time so as to enhance their problem-solving skills and critical thinking.



Vocabulary building

Vocabulary plays a fundamental role in the reading process and is critical to reading comprehensions. Children learn the meanings of most words indirectly, through everyday experiences.

There are many ways to embed vocabulary into children's daily lives. Engaging in conversations and talking to them about their everyday routine is a great way to build vocabulary skills.

Keeping this in mind, word building sessions and activities for different classes were planned in order to build their vocabulary.



Know the Winter Flowers



The Kitchen Utensils



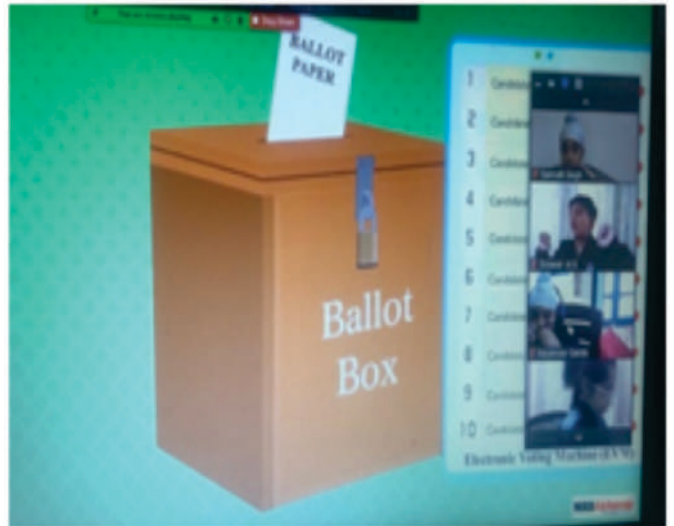
Birdopedia

It's Election Time

This activity was a platform to engage the children for a hands-on experience to sensitise them on their electoral rights and familiarise them with the electoral process of registration and voting.

To make the children aware of the procedures of elections, class elections were held. Children contested and also made speeches in order to convince their audience.

It was a fun filled activity in which children participated with full enthusiasm and were able to comprehend the procedures well.



Literary Week

Various activities were conducted in the Junior School to mark the relevance of the literary week. All the classes participated in these activities in different languages like English, Hindi and Punjabi. Activities like playing with words, conversing in the language, building new words and expressing their thoughts confidently marked the success of the week.

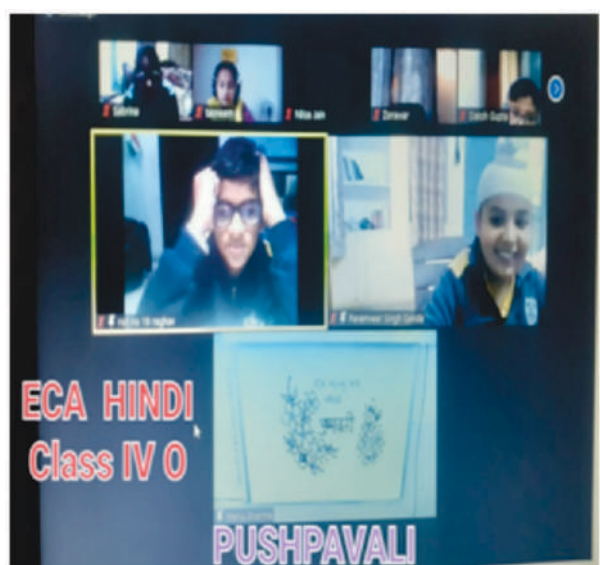
*Shabd Kyari
Class II*

*Aao Vartalap Kariye
Class III*

*Shabd Kyari
Class II*

To create interest for the languages in a fun way, these activities were conducted for class II, III and IV, where students asked and interacted with each other during the online sessions. These were interactive sessions and the students participated with great interest. They were very excited to share their ideas with their friends.

Undoubtedly, children benefit a lot learning the fun way. It offers a relaxed environment where they can practice using new words and are free to express themselves, thus enhancing their language skills.



English Language Activities

Word Chain

This is a word game in which players come up with words that begin with the last letter of the previous word. This game helps the children develop their vocabulary. The words, their spellings and also their pronunciation is worked upon by the students. Vocabulary plays a very important role in developing the four language skills: listening, speaking, reading and writing. This game helps the children to work in all these skills in order to excel. This game also helps them to concentrate on what they speak as they move on to build the chain. Selected students of class IV participated in this competition with great enthusiasm.

Outstanding performance

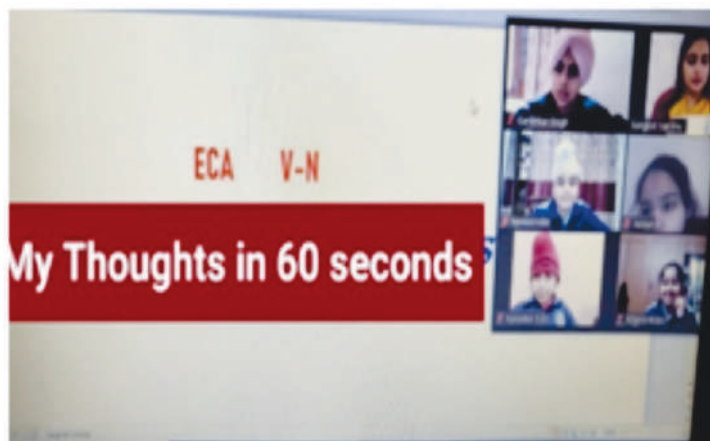
- Anvi Goyal
- Eshreet Kaur
- Shashank Gupta

Commendable Effort

- Gaurika Singla
- Mehramat Kaur

My Thoughts in 60 Seconds

This activity was conducted to test the students' creativity, presence of mind and command over the language all within a span of one minute. It helps the students to overcome hesitation, repetition or deviation from the topic. The participants displayed their oratory skills and spoke enthusiastically on the allotted topics. This session provided a platform for the students to show their talent and expertise in impromptu speech.



Story Narration Week

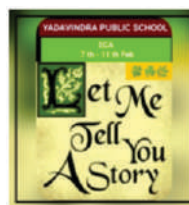
The storytelling method is a dynamic and a creative approach to learning. Children develop great oral communication skills while listening to the language. Children have an innate love for stories. They create magic and a sense of wonder at the world. It is a unique way for students to develop an understanding, respect and appreciation and also develop a positive attitude. Keeping this in mind, stories were narrated to the children in English, Hindi and Punjabi. The children were mesmerised by these stories and a happy aura was created during these sessions.

Thumbelina
Class I

Skipping Shoes
Class II

Galti Da Ehsaas
Class III

Char Murkh
Class IV



Pagal Gymkhana Week

The activities for the term concluded with the Pagal Gymkhana Week where the fun filled activities were planned for all the classes. These activities were mostly for the offline kids, where they got a chance to interact and play with their friends. Thus, the academic session, 2021-22 ended on a happy note.



कैसा लगेगा तुमको

न काटो पेड़
यह घर है चिड़ियों का,
उजाड़े कोई घर तुम्हारा,
तो कैसा लगेगा तुमको?

न काटो पेड़,
खाने का साधन है यह हमारा,
जब भूखे मरना पड़ेगा,
तो कैसा लगेगा तुमको?

न काटो पेड़,
किसी की रोज़ी-रोटी का है यह सहारा,
अगर तुम हो गए बेरोज़गार,
तो कैसा लगेगा तुमको?

न काटो पेड़,
खज़ाना है यह हमारी साँसों का,
आँखों के सामने अपनों को मरता देख,
तो कैसा लगेगा तुमको।

न काटो पेड़
लगाओ नारा हरियाली का
देकर अच्छा संदेश नई पीढ़ी को,
महसूस तो करो कैसा लगेगा तुमको?

सृष्टि
XII-Humanities

जिंदगी ऐसे जिया

खुशियां ढूँढने निकला मुसाफिर
खुशियों में खो गया
दोस्त का पता पूछने लगा
दोस्त की पहचान भूल गया।

मेले में ज्योतिषी ढूँढा
पर कारीगर मिल गया
जिंदगी में बेगरज़ रहा
तो प्यार मिल गया

जीने के ढंग से आँख-मिचौली खेलता
जिंदगी के माईनों में जो छुप गया
जिंदगी से रूबरू हो
वो जीने से भी कुछ ज़्यादा जी गया

मिल गई जितनी खुशियां उतने दोस्त भूल गया
पर खोज ली जो खुशियाँ
उतने दोस्त कमा कर ले गया।

जिंदगी से खुद को रूबरू कर
वो जीने के माप से भी ज़्यादा जी गया

बेगरज़ होने में अगर चूक मुसाफिर गया
भगवान अपने माँ बाप को मान गया।
जिंदगी के माप से ज़्यादा जीने वाला
खुशियों से शायद
कुछ ज़्यादा ही खुश हो गया
व्यापार को मूल्य से तोल
वो मुसाफिर, जीने के माप को, खुशियां भेंट कर गया।

दिवरूप कौर
IX-O

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